



Dementia Friendly Glendale Awareness Day

Join us for a free community resource fair, raising awareness about dementia and sharing ways to keep your brain healthy!

Saturday, August 13th, 9:00am- 1:00pm
Glendale Main Public Library
5959 W. Brown Street, Glendale, Arizona

Registration is not required, but encouraged: [Dementia Friendly Glendale Awareness Day \(jotform.com\)](https://www.dementiafriendlyglendale.com)

Dementia Friendly Glendale is celebrating one year of being a Dementia Friendly Community! We are committed to raise awareness about dementia, to reduce stigma and to build a more dementia friendly community, supporting people living with dementia, their caregivers, and families.

Various local service organizations will be providing resources, information, educational materials and DOOR PRIZES!

FREE Brain Health Check-Ins: If you're wondering if the changes you've noticed in your memory or other thinking skills are due to normal aging or if something else may be going on, **pre-register at the link above for a free Brain Health Check-In with our partners at Banner Sun Health Research Institute.**

Dementia Friendly Glendale Awareness Day - Schedule of Events:

9:00am–1:00pm – Community Resource Fair

10:00am – Welcome & Dementia Friends Information Session, Janice Greeno, Dementia Friendly Arizona State Lead

11:00am – Brain Health Strategies, Cognitive Neurologist, Parichita Choudhury, Banner Sun Health Research Institute

12:00pm – My Journey as an Alzie, Q&A with Sharon Masciale

